



who's keeping an eye on your drink?

Protect yourself from drug assisted sexual assault. A spiked drink can look, taste and smell normal.

- Watch when your drinks are being poured.
- Don't leave your drink unattended.
- Stay aware of who and what is going on around you. If your drink looks or tastes different, don't take a chance, leave it.
- Think before you leave a bar or club with someone you've just met.
- Some incidents have involved people the victims knew, so be aware.
- If you feel unusually drunk after only a drink or two, seek help from a trusted friend or the pub or club management.

**Protect yourself and your friends.
Make sure you're in control of what you drink.**

For information or advice call
0800 587 587 9
www.knowthescore.info

